



Leighton 10

Sunday 20 September 2015

@theLeighton10

The 34th Leighton 10 mile road race – organised by Leighton Buzzard A.C.

9.00am from Vandyke School, Leighton Buzzard, LU7 3DY

• **Each finisher will receive a technical t-shirt** •

Incorporating the Bedfordshire AAA Championship (registration on the day)



- Scenic, rural route • Well marshalled • Changing/showers/toilets • Bag storage • Parking • Massage •
- Water stations • Refreshments • Run under UKA rules • Maximum time 2 hours •

ENTRIES

ENTRY FEES:

In advance: £14 (EA affiliated) / £16 (unaffiliated)
On the day: £16 (EA affiliated) / £18 (unaffiliated)

POSTAL ENTRIES:

Please complete the form below. Closing date Sunday 13 September.

ONLINE ENTRIES:

www.runnersworld.co.uk/leighton10

PRIZE CATEGORIES

- First 3 Men/Ladies, M40, M50, M60, M70, F35, F45, F55 and F65 – **Up & Running** vouchers •
- First Local Man & Lady (LU7 postcode & neighbouring villages) •
- Team Prize: 8 to score (including at least 2 ladies) •

LEIGHTON 10 POSTAL ENTRY FORM

*Please post with a cheque to: Peter Mackrell, 34 Eagle Close, Leighton Buzzard, LU7 4AT
Cheques payable to "Leighton Buzzard A.C."*

Surname: _____

Phone No: _____

Forename: _____

Date of Birth: _____

Address: _____

Age on Day of Race: _____ Male/Female

Post Code: _____

EA Affiliated Club (if any): _____

E-mail*: _____

EA Affiliation Number: _____

*** All pre-race information will be sent by email unless an SAE is provided. Please write this clearly.**

I enclose a cheque for: £ _____

Signature: _____

I agree to participate in the race under the following conditions:

I am over 17 years of age and an amateur as defined by UK Athletics. I will abide by the UK Athletics rules of the competition. I am medically fit to participate. I accept that the organisers will not be held liable for any loss, illness, or injury resulting from the event however caused.

Data Protection: The race organisers use data supplied by participants to process entries, produce and classify results. All data (electronic and paper) will be stored securely. Personal data will not be supplied or distributed to any third party other than those working within the framework of the event.



Leighton Buzzard Athletic Club

www.leightonbuzzardac.co.uk

/LeightonRunning

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