



# Leighton 10

Sunday 18 September 2016

@theLeighton10

The 35<sup>th</sup> Leighton 10 mile road race – organised by Leighton Buzzard A.C.



Incorporating the Buckinghamshire AA Long Road Race Championship



9.00am from Vandyke School, Leighton Buzzard, LU7 3DY

• **Each finisher will receive a technical t-shirt** •

- Scenic, rural route • Well marshalled • Water & Jelly Baby stations • Massage •
- Free post-race photos on Facebook available for download • Changing/showers/toilets • Refreshments •
- Bag storage • Onsite parking • Run under UKA rules (permit 2016-23709) • Maximum time 2 hours •

### ENTRIES

#### ENTRY FEES:

In advance: £15 (EA affiliated) / £17 (unaffiliated)  
On the day: £17 (EA affiliated) / £19 (unaffiliated)

#### POSTAL ENTRIES:

Please complete the form below. Closing date Sunday 11 September.

#### ONLINE ENTRIES:

[www.runnersworld.co.uk/leighton10](http://www.runnersworld.co.uk/leighton10)

### PRIZE CATEGORIES

- First 3 Men/Ladies, M40, M50, M60, M70, F35, F45, F55 and F65 – **Up & Running** vouchers •
- First Local Man & Lady (LU7 postcode & neighbouring villages) •
- Team Prize: 8 to score (including at least 2 ladies) •

## LEIGHTON 10 POSTAL ENTRY FORM

*Please post with a cheque to: Peter Mackrell, 34 Eagle Close, Leighton Buzzard, LU7 4AT  
Cheques payable to "Leighton Buzzard A.C."*

Surname: \_\_\_\_\_

Phone No: \_\_\_\_\_

Forename: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Age on Day of Race: \_\_\_\_\_ Male / Female

EA Affiliated Club (if any): \_\_\_\_\_

Post Code: \_\_\_\_\_

E-mail\*: \_\_\_\_\_

EA Affiliation Number: \_\_\_\_\_

I am eligible for the Bucks AA Championship<sup>†</sup>: Y/N

*\* All pre-race information will be sent by email unless an SAE is provided. Please write this clearly.*

I enclose a cheque for: £ \_\_\_\_\_

Signature: \_\_\_\_\_

<sup>†</sup> Qualification for the Bucks AA Championship is by place of birth or minimum 9 months' residency on the day of the race.

I agree to participate in the race under the following conditions:

I am over 17 years of age and an amateur as defined by UK Athletics. I will abide by the UK Athletics rules of the competition. I am medically fit to participate. I accept that the organisers will not be held liable for any loss, illness or injury resulting from the event however caused.

Data Protection: The race organisers use data supplied by participants to process entries, produce and classify results. All data (electronic and paper) will be stored securely. Personal data will not be supplied or distributed to any third party other than those working within the framework of the event.



Leighton Buzzard Athletic Club

[www.leightonbuzzardac.co.uk](http://www.leightonbuzzardac.co.uk)

/LeightonRunning

@LeightonRunning

