

May 28th 1983

Pos.	Time	Name	Club	Category
1	48.47	M. Ellison	Haringey	
2	49.18	M. McCarthy	Oxford	
3	49.51	M. Shotbolt	Bedford & County	
4	50	J. Cain	Portsmouth	
5	50.09	J. Orton	BURAC	
6	51.08	D. McCay	R.A.F.	
7	51.11	R. Gray	Hillingdon	
8	51.12	G. Jennings	Burnham Joggers	
9	51.55	S. Blaney	Highgate	
10	52.05	R. Smith	Windsor, Slough & Eton	
11	52.08	L. Turner	Liverpool	V40
12	52.15	M. Hargreaves	Portsmouth	
13	52.21	D. Parsons	Oxford	
14	52.3	J. Rooney	Aylesbury	
15	52.37	S. Crawte	Aldershot	
16	52.4	S. Cowles	White Horse Harriers	
17	52.4	D. Smith	White Horse Harriers	
18	53.04	M. Bradley	Aylesbury	
19	53.08	D. March	Milton Keynes	
20	53.12	P. Naslen	Biggleswade	
21	53.22	A. Macbrayne	Herne Hill Harriers	
22	53.26	A. Bichener	Bedford & County	
23	53.4	A. McFadyen	Hillingdon	
24	54.03	R. Arnold	Leighton Buzzard AC	
25	54.3	D. Smith	Maidenhead	V40
26	54.55	T. Laybourn	Milton Keynes	V40
27	54.58	R. Wadley	Biggleswade	
28	55.04	R. Woodgate	Wakefield Harriers	
29	55.06	T. Harran	Herne Hill Harriers	
30	55.06	R. Dodds	Bedford & County	
31	55.11	P. Coleman	Vauxhall	V40
32	55.26	J. Webb	Aylesbury	
33	55.31	R. Risbridger	Telford	
34	55.36	R. Brett	Vauxhall	V40
35	55.39	J. White	Handycross Joggers	V40
36	55.44	B. Blackeby	Luton	
37	55.49	A. Harrop	Burnham Joggers	
38	56	B. Arnold	Leighton Buzzard AC	
39	56.04	A. Hardy	Burnham Joggers	
40	56.13	S. Coleman	Unattached	
41	56.24	G. Hall	Queens Park Harriers	
42	56.28	P. Savage	Unattached	
43	56.3	R. Brockway	Vauxhall	
44	56.3	J. Plato	Tring Joggers	
45	56.33	T. Cameron	Vauxhall	
46	56.36	J. Gilroy	Hillingdon	
47	56.46	G. Hobbs	Wellingborough	
48	56.47	P. Oates	Herne Hill Harriers	
49	56.48	M. Kelly	Milton Keynes	
50	56.53	J. Voyez	Muswell Hill	
51	56.55	D. Bradley	Cambridge Harriers	
52	56.57	S. Goodlad	Leighton Buzzard AC	
53	57	T. Barnes	Crawley	V40
54	57.01	J. Douglas	Vauxhall	

55	57.03 D. Curwell	Aldershot	
56	57.09 P. Sambrooks	Leighton Buzzard AC	
57	57.14 C. Smith	Cambridge & Coleridge	
58	57.19 M. Casse	Hillingdon	V40
59	57.2 K. Fiddler	Aylesbury	V40
60	57.23 D. Williams	Ilford	
61	57.28 J. Clark	Bedford & County	
62	57.3 R. Pearson	Unattached	
63	57.39 R. Macpherson	Milton Keynes	
64	57.4 T. Davies	White Horse Harriers	
65	57.44 A. Cox	Milton Keynes	
66	57.45 W. Jordan	Biggleswade	
67	57.5 C. Randall	Nene Valley	
68	57.55 J. Crowshaw	Chiltern Joggers	V40
69	57.59 P. Robinson	Vauxhall	
70	58.03 P. Smith	BURAC	
71	58.08 R. Clanfield	Oxford	V40
72	58.16 P. O'Halloran	London Irish	
73	58.18 D. Nicholson	Burnham Joggers	
74	58.2 D. Kirby	Hallamshire	
75	58.21 D. Joseph	Vauxhall	
76	58.22 F. Hird	Hertford & Ware	V40
77	58.23 R. Clements	Unattached	
78	58.34 B. West	Vauxhall	V40
79	58.36 D. Murphy	Banbury	
80	58.4 M. Kinshott	Highgate	
81	58.42 K. O'Connor	Huntingdon	
82	58.47 R. Howe	Burnham Joggers	
83	58.52 M. Scofield	Milton Keynes	
84	58.55 D. Croft	Luton	
85	58.58 N. Bannen	Hillingdon	
86	58.58 A. Field	Vauxhall	
87	59.03 L. Grsywna	Hillingdon	
88	59.06 G. Baker	Unattached	
89	59.07 J. Gaunt	Chiltern Joggers	
90	59.09 A. Daglish	Unattached	
91	59.15 J. Conroy	Unattached	
92	59.17 P. Webb	Veterans	V50
93	59.18 J. Ryan	Muswell Hill	
94	59.19 P. Howard	Cambridge & Coleridge	V40
95	59.21 P. Donnelly	Aldershot	
96	59.34 M. Mullany	SKF	
97	59.38 P. Williams	BURAC	
98	59.41 J. Saunders	Vauxhall	
99	59.43 I. Clanfield	Unattached	
100	59.47 A. Dyer	Walthamstow	
101	59.5 J. Allen	Verlea	
102	59.51 A. Marks	Muswell Hill	
103	59.56 W. Gardner	Queens Park	V40
104	59.58 R. Blastland	Aylesbury	
105	60.01 C. Heyes	Stevenage	
106	60.03 E. Shoesmith	BURAC	
107	60.1 D. McNab	Bedford & County	V40
108	60.11 S. Walters	Oxford	
109	60.11 J. Deliege	Unattached	
110	60.14 T. Robinson	Vauxhall	

111	60.17 I. Duncan	Stevenage	
112	60.17 P. Hanson	Muswell Hill	
113	60.18 D. Sawyer	Handy Cross	
114	60.25 A. Evans	White Horse Harriers	V40
115	60.26 A. Mountford	Milton Keynes	
116	60.3 N. Baker	Oxford	
117	60.34 E. Baker	Grantham	
118	60.37 P. Lewis	Cambridge	
119	60.39 D. Stanley	Unattached	
120	60.4 B. Rogers	SKF	V40
121	60.41 P. Standing	Wellingborough	
122	60.41 J. Bell	Milton Keynes	
123	60.54 P. Hodges	SKF	
124	61.01 C. Rayner	Milton Keynes	
125	61.02 K. Zwolinski	Bedford & County	
126	61.05 J. Hill	Joint Services	
127	61.1 P. Shaw	Unattached	
128	61.14 A. Woodcraft	Milton Keynes	
129	61.19 A. Tucker	Eastern Vets	V40
130	61.19 M. Blackboy	Unattached	
131	61.35 I. Addison	Aylesbury	
132	61.37 M. Grayson	Stevenage	V40
133	61.41 A. Parkin	Winchester	
134	61.42 J. Woodhouse	Les Croupiers	
135	61.44 N. Stewart	Stevenage	
136	61.52 B. Young	Hertford & Ware	V40
137	61.54 D. Brown	Aldershot	
138	62 K. Watson	Muswell Hill	
139	62.03 B. Field	Vauxhall	
140	62.04 M. Dale	Lanbury	
141	62.05 J. Smith	Muswell Hill	
142	62.07 P. Quigley	LRRC	
143	62.08 C. Pollard	LRRC	
144	62.1 A. Holme	Milton Keynes	
145	62.13 P. Wright	Milton Keynes	
146	62.17 P. Wyant	Leighton Buzzard AC	
147	62.17 D. Leaper	Bedford & County	
148	62.17 R. Noble	Bedford & County	
149	62.19 M. Brown	Unattached	
150	62.28 M. Taylor	Muswell Hill	
151	62.29 F. Bench	White Horse Harriers	V40
152	62.32 J. Reynolds	Milton Keynes	
153	62.33 E. Livermore	Enfield	V40
154	62.37 I. Morrison	Banbury	
155	62.43 P. Jones	Muswell Hill	
156	62.43 R. Freeman	Unattached	
157	62.46 J. Wilson	Stopsley Striders	V40
158	62.49 R. Bastable	Watford	V40
159	62.5 K. Pilbeam	Brighton	
160	62.51 B. salton	Vauxhall	
161	62.55 C. Maughan	Vauxhall	
162	63.04 M. McCarthy	Queens Park	
163	63.06 A. Brice	Banbury	
164	63.09 N. Beckwith	Bedford & County	V40
165	63.12 R. Bishop	Aylesbury	

166	63.19 L. Creak	Stevenage	V40
167	63.22 A. Hodges	SKF	V40
168	63.24 P. Neilson	Unattached	
169	63.34 B. Whitburn	Tring Joggers	V40
170	63.47 A. Butterfield	Biggleswade	
171	63.54 B. Street	Queens Park	
172	63.56 J. Hickson	Bedford & County	
173	64.1 J. Morrison	Milton Keynes	
174	64.13 D. Colclough	Potteries	
175	64.14 J. Cooper	Unattached	
176	64.16 C. Derrick	Unattached	
177	64.22 R. Nicoll	Unattached	
178	64.32 D. Brammer	Potteries	
179	64.34 J. Freeman	Stevenage	
180	64.37 I. Duncan	Stevenage	
181	64.41 R. Fuller	Biggleswade	
182	64.44 P. Challon	Unattached	
183	64.46 M. Churm	Leighton Buzzard AC	
184	64.46 S. Jones	Unattached	
185	64.47 H. Clarke	Tring Joggers	
186	64.48 A. Wilsmore	Verlea	
187	64.49 R. Austing	Unattached	
188	64.56 P. Fergerson	Aylesbury	
189	65.02 D. Brown	Aylesbury	
190	65.03 B. Ball	Biggleswade	V50
191	65.03 E. Jackson	Unattached	
192	65.08 J. Donnelly	Vauxhall	
193	65.1 H. Bertstrom	Burnham Joggers	V50
194	65.14 A. Edwards	Handy Cross	V40
195	65.15 D. Simkins	Bedford & County	V40
196	65.2 A. Lownes	Victoria Park	V40
197	65.24 G. Seymour	Unattached	
198	65.25 S. Kirkpatrick	Milton Keynes	V40
199	65.26 B. Newns	SKF	
200	65.27 T. Palmer	Vauxhall	V40
201	65.3 M. Croft	Luton	V40
202	65.31 G. Kideman	Aylesbury	V40
203	65.35 D. Fryner	Dacorum	
204	65.37 A. Gervis	Highgate	
205	65.42 A. Ford	Unattached	
206	65.43 R. Williams	Unattached	
207	65.5 A. Neville	South London	
208	65.57 P. Brandon	Unattached	
209	66.01 J. Cresswell	Unattached	
210	66.07 T. Farrow	Chiltern Joggers	
211	66.17 B. Pugh	Unattached	
212	66.17 G. Arnell	Unattached	
213	66.2 M. Bracey	LRRC	
214	66.34 B. Sulkin	Highgate	
215	66.36 A. Pegram	Unattached	
216	66.38 G. Johnston	Thames Valley	
217	66.4 M. Donald	Aylesbury	
218	66.41 P. Hall	Milton Keynes	
219	66.42 F. Petgrave	Wellingborough	
220	66.44 M. Callow	Milton Keynes	
221	66.46 H. Bloor	Highgate	

222	66.47 R. Giles	Unattached	V40
223	66.57 J. Buckland	Unattached	V40
224	67 W. Ridsdale	Milton Keynes	
225	67.01 J. Holdon	Bedford & County	
226	67.03 J. Jarvis	Muswell Hill	
227	67.04 P. Beil	Wellingborough	
228	67.06 L. Smith	Vauxhall	V40
229	67.07 C. Cann	Milton Keynes	
230	67.08 A. Stoddart	Highgate	
231	67.09 M. Taylor	Muswell Hill	
232	67.12 S. Graham	Muswell Hill	
233	67.13 P. Arch	Unattached	V40
234	67.15 K. Ho	LRRC	
235	67.17 R. Lab	Unattached	
236	67.31 J. Roue	Unattached	
237	67.31 R. Hardiman	Unattached	
238	67.32 G. Taylor	Watford	
239	67.37 A. Merrith	Burnham Joggers	V40
240	67.4 K. Laidler	Tring Joggers	V40
241	67.42 D. Rose	Bedford & County	
242	67.47 W. Browning	Unattached	
243	67.53 C. Owen	Bedford & County	
244	68.06 M. North	Unattached	
245	68.11 P. Royle	Unattached	
246	68.18 S. Long	Unattached	
247	68.19 A. Clayton	Unattached	
248	68.19 T. Swadling	Unattached	
249	68.2 D. Gray	Unattached	
250	68.32 C. Wilkinson	Aldershot	
251	68.35 S. Aldred	Bedford & County	
252	68.36 M. Morgan	Burnham Joggers	
253	68.42 P. McClosky	Muswell Hill	
254	68.5 J. Couves	Unattached	
255	69.02 J. Mills	Unattached	
256	69.09 W. Sacks	Shaftesbury	V40
257	69.1 B. Gieben	Milton Keynes	
258	69.22 M. Jeynes	Wellingborough	
259	69.25 J. Taylor	Unattached	
260	69.28 J. Hollowell	Burnham Joggers	
261	69.28 S. Hay	Unattached	
262	69.34 B. Hardie	Aylesbury	V40
263	70.07 M. Beaumont	Unattached	
264	70.11 N. Burch	Unattached	
265	70.14 D. Smith	Muswell Hill	
266	70.19 A. Williams	Tring Joggers	V40
267	70.2 A. Brookman	Unattached	V40
268	70.25 J. Gorbett	Highgate	
269	70.29 B. North	Unattached	
270	71.02 R. Milton	Unattached	
271	71.06 S. Haycock	Milton Keynes	
272	71.2 D. Derbyshire	Unattached	
273	71.23 J. Turner	Unattached	
274	71.25 K. Armstrong	Unattached	
275	71.33 M. Shepperd	Bedford & County	
276	71.4 D. Hart	Walthamstow	
277	71.49 C. Nickleson	Unattached	

278	72.13 D. Kanppitt	Unattached	
279	72.15 R. Morris	Muswell Hill	
280	72.23 M. Callen	Unattached	
281	72.28 P. Bett	Unattached	
282	72.31 H. Taylor	Muswell Hill	
283	72.33 R. Ingham	Unattached	
284	72.34 J. McIlwrath	Unattached	
285	72.45 G. Tymms	Unattached	
286	72.46 K. Armstrong	Unattached	
287	72.49 D. Ryder	Aylesbury	
288	72.56 D. Haycock	Milton Keynes	V40
289	72.58 A. Gibbs	Unattached	
290	73.09 W. Wolfenden	Unattached	
291	73.13 R. Brown	Unattached	
292	73.15 R. Page	Bedford & County	V40
293	73.2 C. Murphy	Unattached	V40
294	73.29 S. Gill	Unattached	
295	73.4 N. Tymms	Chiltern Joggers	
296	73.51 D. Smith	Maidenhead	
297	74.08 N. Cressy	Hillingdon	
298	74.08 J. Waters	Stopsley Striders	V40
299	74.33 A. Paget	Unattached	
300	75.02 J. Rump	Unattached	V50
301	75.03 I. Richardson	Unattached	
302	75.04 T. Griffin	Tring Joggers	
303	75.05 D. Long	Unattached	
304	75.08 P. Kirby	Tring Joggers	V40
305	75.11 V. Webley	Unattached	V40
306	75.12 C. Auld	Muswell Hill	
307	75.15 V. Morrison	Milton Keynes	
308	75.23 J. Garner	Unattached	V40
309	75.26 L. Robertson	Unattached	
310	75.36 J. Heskins	Unattached	V40
311	75.41 R. Dench	Stopsley Striders	
312	75.45 R. Wood	Bedford & County	
313	75.48 M. Murphin	White Horse Harriers	
314	76 A. Green	Unattached	
315	76.27 A. Glover	Unattached	
316	76.39 J. Neale	Banbury	
317	76.41 R. Tyson	Cleavethorpes	
318	76.5 A. Slee	Unattached	
319	76.52 R. Robertson	Milton Keynes	
320	77.08 G. Hanks	Unattached	
321	78.11 T. Shaw	Unattached	
322	79.15 P. Hayes	Wellingborough	
323	79.2 A. Croft	Luton	
324	79.51 M. Richardson	Unattached	
325	80.11 C. Hawkridge	Unattached	
326	80.42 P. Alcinder	Wellingborough	
327	81.15 J. Lineham	Unattached	
328	81.22 P. McNulty	Unattached	
329	81.35 C. Burgess	Vauxhall	
330	82.04 S. Newbury	Unattached	
331	86.35 S. Monkman	Tring Joggers	
332	86.35 B. Barlow	Tring Joggers	
333	90.29 J. Wise	Unattached	

334	90.37 G. Ford	Unattached
335	91.12 J. Pattison	Unattached