

Sunday 7th May 1995

Pos.	Time	Name	Club	Category
1	54.02	B. Gristwood	Ealing Southall & Middlesex AC	
2	56.05	D. Walsh	Luton United	
3	56.46	C. Pearson	Haringey AC	
4	56.47	J. Kilsby	Haringey AC	V40
5	57.05	R. Powell	Stopsley Striders	
6	57.18	J. Leversedge	Haringey AC	V40
7	57.27	W. Morrison	Vauxhall AC	V45
8	58.02	K. Vaughan	Thetford AC	
9	59.05	A. Daglish	Vauxhall AC	V45
10	59.35	T. Barnes	Bedford Harriers	
11	1.00.01	B. White	Fairlands Valley Spartans	V40
12	1.01.07	I. Avery	Abingdon Strollers	V40
13	1.01.08	K. Nilsson	Dunstable Road Runners	
14	1.01.17	L. Hynes	Bedford & County AC	V40
15	1.01.23	D. Draper	Stopsley Striders	
16	1.01.24	J. Schutterlin	White Horse Harriers	V50
17	1.01.28	K. Mulvenna	Leighton Fun Runners	
18	1.01.36	M. Burling	Unattached	
19	1.01.42	R. Wadeley	Biggleswade AC	V45
20	1.01.46	W. Browning	Unattached	
21	1.01.58	P. Pellecchia	Harlow RC	V40
22	1.02.12	R. Palmer	Vauxhall AC	
23	1.02.25	C. Moody	Harlow RC	V40
24	1.02.26	M. Kelly	Leighton Fun Runners	
25	1.02.35	S. Reinsford	Stopsley Striders	
26	1.02.39	K. Cook	Vauxhall AC	V45
27	1.02.44	M. Jellis	Leighton Buzzard AC	V45
28	1.02.47	B. Webb	Bedford & County AC	V45
29	1.02.49	J. McMulkin	Vauxhall AC	V40
30	1.02.54	S. McKenzie	Harlow RC	
31	1.03.31	R. Bullen	Unattached	
32	1.03.32	L. Brown	Rowntree AC	V50
33	1.03.52	P. Dimmock	Leighton Buzzard AC	V45
34	1.04.49	L. Cousens	Gade Valley Harriers	
35	1.04.54	D. Hood	Vauxhall AC	V40
36	1.05.27	A. Blanshard	Denby Dale Travellers	V40
37	1.05.28	J. Tennant	Harlow RC	V45
38	1.06.02	J. Allen	Verlea AC	V55
39	1.06.12	T. Roberts	Dunstable Road Runners	
40	1.06.17	R. MacPherson	Milton Keynes AC	V40
41	1.06.18	D. Twyford	Dunstable Road Runners	V40
42	1.06.24	G. Busch	Stopsley Striders	V40
43	1.06.36	T. Scanlan	Harlow RC	
44	1.06.42	G. Addison	Vauxhall AC	
45	1.06.53	M. McPheat	Abbey National AC	
46	1.06.54	R. Burrells	Bedford Harriers	V40
47	1.07.00	S. Maggiulli	Harlow RC	V40
48	1.07.01	T. Browning	Winkles AC	V40
49	1.07.12	B. McCallen	Bedford Harriers	V40
50	1.07.16	I. Skerratt	Biggleswade AC	V40

51	1.07.26	S. Gardner	Unattached	
52	1.07.31	P. McConville	Huntingdon AC	V45
53	1.07.43	C. Brittain	Holbeach AC	V40
54	1.07.47	S. Paull	Dunstable Road Runners	V40
55	1.07.52	B. Ward	Stopsley Striders	V45
56	1.07.57	R. Hurley	Pitsea RC	V45
57	1.08.01	P. Barnes	Bedford Harriers	
58	1.08.02	D. Cox	Leighton Buzzard AC	
59	1.08.11	P. Miller	Leighton Fun Runners	V45
60	1.08.16	M. Armsworth	Harlow RC	V45
61	1.08.17	S. Galloway	Biggleswade AC	V50
62	1.08.20	R. Ricketts	Harlow RC	
63	1.08.34	P. Young	Dunstable Road Runners	
64	1.08.38	C. Abery	Chesham Harriers	
65	1.08.54	N. Allen	Harlow RC	
66	1.09.06	C. Maughan	Vauxhall AC	V50
67	1.09.08	T. McKeown	Stopsley Striders	
68	1.09.35	P. Simpson	Vegetarian Cycling AC	
69	1.09.51	F. Cooke	March Braza AC	V35
70	1.09.58	D. Smith	Leighton Fun Runners	
71	1.10.07	A. Taylor	Stopsley Striders	V50
72	1.10.32	P. Hough	Vauxhall AC	V55
73	1.10.52	P. Roberts	Bedford Harriers	
74	1.11.09	G. Horne	Bedford Harriers	
75	1.11.26	J. Chapman	Stopsley Striders	
76	1.11.29	C. Judson	Stamford Harriers	V40
77	1.11.34	R. Evans	Bedford Harriers	V50
78	1.11.41	R. Hall	Bedford Harriers	V40
79	1.11.42	N. Gregory	Biggleswade AC	
80	1.11.46	R. Ibson	St. Albans Striders	V55
81	1.11.49	R. Whiteman	Bedford Harriers	V45
82	1.11.54	R. Winter	Milton Keynes AC	V45
83	1.12.04	F. Murphy	Unattached	
84	1.12.06	D. Crawley	Leighton Buzzard AC	
85	1.12.16	D. Debnam	Stopsley Striders	V45
86	1.12.18	K. Newman	Cambridge & Coleridge AC	
87	1.12.25	M. Miller	Harlow RC	V55
88	1.12.27	Y. Parker	Holbeach AC	V40
89	1.12.30	D. Saxby	Leighton Buzzard AC	V60
90	1.12.33	P. Abbott	RAF	
91	1.12.42	D. Williams	Unattached	
92	1.12.52	A. Carvell	Bedford Harriers	V40
93	1.13.05	D. Stewart	Harlow RC	
94	1.13.19	T. Brown	Leighton Fun Runners	V45
95	1.13.23	H. Burgess	Veterans AC	V45
96	1.13.27	D. Thompson	Stopsley Striders	
97	1.13.33	S. Gentry	Unattached	
98	1.13.34	L. Goddard	Coulter Chasers	V40
99	1.13.34	M. Morton	Stopsley Striders	V45
100	1.13.50	B. Horsepool	Trent Park Trotters	V40
101	1.14.01	K. Jinks	Dunstable Road Runners	V40
102	1.14.12	T. Cameron	Vauxhall AC	V50

103	1.14.40	I. Cousins	Stopsley Striders	V45
104	1.15.06	P. Weeks	Chesham Harriers	V40
105	1.15.10	L. Gazzani	Bearbrook Joggers	V45
106	1.15.21	M. French	Serpentine AC	V40
107	1.15.23	B. Swindon	Milton Keynes AC	V45
108	1.15.24	C. Reeves	Harlow RC	V45
109	1.15.30	B. Cornwell	Bedford Harriers	V60
110	1.15.35	A Staggs	Dunstable Road Runners	
111	1.15.45	C. Cottam	Bedford Harriers	V45
112	1.16.08	E. Pegg	Bedford & County AC	V45
113	1.16.13	R. Callaghan	Leighton Fun Runners	
114	1.16.15	P. Bolton	Leighton Fun Runners	V40
115	1.16.24	I. Pearson	Milton Keynes AC	
116	1.16.30	R. Bartlett	Stopsley Striders	
117	1.16.33	P. Brown	Trent Park Trotters	V40
118	1.16.35	A. Newman	Hertford & Ware AC	V50
119	1.16.43	J. Harvey	Eye Community Runners	V50
120	1.16.45	G. O'Nions	Harlow RC	
121	1.16.52	B. Bright	Bedford Harriers	V40
122	1.17.00	P. Childs	Unattached	V40
123	1.17.25	M. Stuart	Bedford Harriers	V55
124	1.17.28	G. Hurley	Stopsley Striders	V50
125	1.17.32	I. Sage	Dunstable Road Runners	V45
126	1.17.37	T. Dolphin	Unattached	
127	1.17.42	M. Gittins	Bedford Harriers	V40
128	1.17.50	K. Ashby	Stopsley Striders	V35
129	1.17.56	J. Catlin	Dunstable Road Runners	V45
130	1.18.05	M. Farrington	Unattached	
131	1.18.05	D. Conway	Harlow RC	V45
132	1.18.11	A. Roberts	Vale of Aylesbury AC	
133	1.18.15	R. Beedell	Chesham Harriers	V40
134	1.18.32	H. Adams	Stopsley Striders	
135	1.18.39	D. Sandell	Leighton Buzzard AC	V45
136	1.19.05	D. Kelly	Stopsley Striders	
137	1.19.06	T. Herbert	Unattached	V40
138	1.19.11	W. Billington	Unattached	V55
139	1.19.35	L. Cousens	Southern Vets	V50
140	1.19.42	R. Foster	Stamford Harriers	V50
141	1.19.53	J. Doggett	Huntingdon AC	V50
142	1.19.59	G. Rainey	Unattached	
143	1.20.06	R. Kerr	Unattached	
144	1.20.06	D. Lloyd	Bedford Harriers	V40
145	1.20.29	W. White	Unattached	
146	1.20.35	D. Fake	Bedford Harriers	V45
147	1.20.46	S. Clark	Bedford Harriers	V40
148	1.20.49	T. Munns	Bedford Harriers	V40
149	1.20.50	A. Carter	Dunstable Road Runners	V40
150	1.21.05	J. Kennan	Bedford Harriers	V45
151	1.21.21	H. Clarke	Unattached	
152	1.21.23	J. Willcock	Trent Park Trotters	V40
153	1.21.30	C. Long	Royston Runners	V50
154	1.21.43	C. Simonds	Leighton Fun Runners	

155	1.21.44	P. Hudgell	Unattached	V40
156	1.21.55	F. Mills	Dacorum & Tring AC	V45
157	1.21.58	P. Behan	Bedford Harriers	V35
158	1.21.58	T. Marshall	Winkles AC	V50
159	1.22.21	E. Yates	Bedford & County AC	V55
160	1.22.27	L. Selby	Harlow RC	V45
161	1.22.43	T. Palmer	Vauxhall AC	V60
162	1.23.09	J. Warnock	Kidlington RC	V40
163	1.23.12	J. Gristwood	Ealing Southall & Middlesex AC	V35
164	1.23.13	R. Nicoll	Vale of Aylesbury AC	V45
165	1.23.20	A Cootes	Harlow RC	V40
166	1.23.22	M. Warnock	Kidlington RC	V45
167	1.23.36	S. Dimmock	Leighton Fun Runners	
168	1.24.02	G. Keeling	Fairlands Valley Spartans	V60
169	1.24.18	D. Arnold	Trent Park Trotters	V45
170	1.24.28	N. Summerville	Bedford Harriers	V45
171	1.24.45	S. Lathwell	Unattached	
172	1.25.30	R. Sambridge	Harlow RC	V45
173	1.25.43	P. Van der Helstraete	Trent Park Trotters	V50
174	1.26.29	A. Smith	Tring Jogging Club	
175	1.26.59	D. Bithell	Bedford Harriers	V45
176	1.27.12	N. Haycock	Unattached	
177	1.27.19	B. O'Brien	Stopsley Striders	V45
178	1.27.40	M. Brough	Metro's RC	
179	1.27.41	B. Kennedy	Metro's RC	
180	1.27.41	R. Tucker	Shaftesbury Barnet Harriers	V50
181	1.27.55	J. Betts	Stopsley Striders	V40
182	1.28.06	W. Gardner	Metro's RC	V60
183	1.29.06	A. Dean	Harlow RC	
184	1.29.26	G. Thompson	Leighton Fun Runners	V45
185	1.30.20	S. Levene	Harlow RC	V45
186	1.30.53	D. Miles	Dacorum & Tring AC	V40
187	1.31.47	P. Gardner	Metro's RC	
188	1.32.03	J. Kaminski	Harlow RC	V50
189	1.32.18	D. Cooper	Stopsley Striders	
190	1.33.31	H. McConville	Huntingdon AC	V40
191	1.33.48	C. Robinson	Harlow RC	V45
192	1.33.55	J. Loring	Winkles AC	V50
193	1.34.15	I. Cornwell	Bedford Harriers	V60
194	1.35.01	L. Lancaster	Unattached	
195	1.35.18	J. Wilson	Unattached	V55
196	1.35.37	L. Barnes	Bedford Harriers	
197	1.35.57	S. Fitzpatrick	Harlow RC	V35
198	1.35.57	S. Karstens	Harlow RC	V35
199	1.36.24	L. Miller	Leighton Buzzard AC	V50
200	1.36.40	L. Herring	Leighton Fun Runners	V50
201	1.37.24	C. Murray	RAF	V35
202	1.38.19	L. Debnam	Stopsley Striders	V40
203	1.39.15	H. Stewart	Harlow RC	V35
204	1.40.10	J. Bowerman	Unattached	V45
205	1.10.17	V. Bithell	Bedford Harriers	
206	1.42.39	P. Abbitt	Stopsley Striders	V40

207	1.44.56	H. Moore	Unattached	V40
208	1.45.06	M. O'Sullivan	Leighton Fun Runners	V40
209	1.46.09	B. Sillitoe	Leighton Fun Runners	V45
210	1.47.48	M. Miller	Leighton Fun Runners	V50