

1996 20 MILE INTER COUNTIES.

MK + SG IN BEDS 1ST TEAM
 RI + P) IN BEDS 2ND TEAM

Gloucester '20' - Results

Pos	Runners Name	No.	Club	Cat	Time	CAU team
1	Simon Kinson	9	Leamington AC	SM	1:44:07	Warwickshire
2	Nathan Vergdosalem	46	Liverpool Pembroke Sefton	SM	1:44:13	Merseyside
3	Amin Koikai	4	Ilford AC	SM	1:45:48	Essex
4	Phillip Zanella	40	Leamington AC	SM	1:46:22	Kent
5	Steve Robinson	41	Cheltenham Harriers	SM	1:47:14	Gloucestershire
6	John Hunter	23	Loftus	SM	1:47:20	Yorkshire
7	Dennis Walmsley	42	Bourton RR	SM	1:47:22	Gloucestershire
8	David Bond	21	Bamsley AC	SM	1:47:56	Yorkshire
9	Peter Pleasants	22	Bamsley AC	SM	1:48:42	Yorkshire
10	Colin Deasey	10	Coventry Godiva	SM	1:48:47	Warwickshire
11	Roy Smith	39	Blackheath Harriers	SM	1:49:16	Kent
12	Duncan Cooper	13	Oxford City	SM	1:50:05	Oxfordshire
13	Danny Norton	633	Rhondda	SM	1:50:06	
14	Dave Kennedy	6	Aldershot, Farnham & District	SM	1:50:35	Hampshire
15	Darren Hanson	24	Spenborough	SM	1:50:38	Yorkshire
16	Andy Holt	19	Verlea AC	SM	1:50:41	Hertfordshire
17	Peter Kilgallon	47	Wirral AC	SM	1:51:34	Merseyside
18	Bernard Gaffney	11	Massey Ferguson	SM	1:51:43	Warwickshire
19	Dave Thompson	5	City of Portsmouth AC	SM	1:53:00	Hampshire
20	John Cosgrove	37	Medway AC	SM	1:53:13	Kent
21	Kevin Spilman	245	Dursley & District AC	SM	1:53:20	
22	Ian Stoneman	195	Southwest RR	SM	1:54:02	
23	Geoff Rawlinson	48	Liverpool Harriers	SM	1:54:29	Merseyside
24	Michael Bumstead	1	Thurrock Harriers	V40	1:54:32	Essex
25	Peter Johnson	3	Thurrock Harriers	V40	1:54:36	Essex
26	Garon Helsop	2	Chelmsford AC	SM	1:55:22	Essex
27	Stephen Moore	17	Hertford & Ware AC	V40	1:55:33	Hertfordshire
28	Mike Bliss	8	Overton Harriers	SM	1:55:34	Hampshire
29	Ross Crosbie	236	Swindon RR	SM	1:55:35	
30	Vince Stamp	7	City of Portsmouth AC	SM	1:55:53	Hampshire
31	Richard Beaumont	15	Oxford City	SM	1:55:56	Oxfordshire
32	Greg Dale	33	Vale of Aylesbury	SM	1:55:57	Buckinghamshire
33	Robin Gardiner	14	Woodstock Harriers	SM	1:56:13	Oxfordshire
34	Steve Keywood	38	Tonbridge AC	SM	1:56:18	Kent
35	Preston Eckloff	12	Centurion RR	SM	1:57:06	Warwickshire
36	Keith Hatton	45	Liverpool Harriers	SM	1:57:12	Merseyside
37	Dave Rees	176	Monmouth AC	SM	1:57:13	
38	Chris Davies	551	Bridgend AC	SM	1:57:56	
39	Neil Castle	225	U/A	SM	1:58:07	
40	Michael Northey	614	Keynam Plodders	SM	1:58:07	
41	Joe Parkinson	79	Liverpool Harriers	SM	1:58:11	Merseyside-2
42	Bill Griffiths	174	Bourton RR	SM	1:58:38	
43	Steve Game	82	Dartford Harriers	SM	1:59:11	Kent-2
44	Colin Hibberd	279	Witney RR	V40	1:59:15	
45	Richard Bufton	44	Bourton RR	SM	1:59:19	Gloucestershire
46	Keith Vallis	189	Alton Joggers	SM	1:59:25	
47	Dave O'Brien	97	Portsmouth Joggers	SM	1:59:42	Hampshire-2
48	Simon Johnson	16	Oxford City	SM	2:00:03	Oxfordshire
49	Mark Kleanthous	27	Beighton Buzzard AC	SM	2:00:15	Bedfordshire
50	Tony Cummings	553	Barking RR	SM	2:00:29	
51	Jeff Russell	608	Club 69	V40	2:00:59	
52	Peter Tullett	85	Chelmsford AC	SM	2:01:09	Essex-2
53	Tony Barnes	25	Bedford Harriers	SM	2:01:27	Bedfordshire
54	Colin Steptow	36	Vale of Aylesbury	V40	2:02:32	Buckinghamshire
55	Peter Millson	18	Hertford & Ware AC	SM	2:02:39	Hertfordshire
56	Carolyn Hunter-Rowe	122	Knavesmire Harriers	L	2:02:46	Yorkshire
57	Kevin Knox	319	South Liverpool AC	V40	2:03:01	
58	Derek Gothard	94	Sparkhill Harriers	SM	2:03:07	Warwickshire-2
59	Andy Money	93	Centurion RR	SM	2:03:28	Warwickshire-2
60	Phillip Miles	271	Club 69	V40	2:03:48	
61	Cavin Woodward	590	Leamington AC	V40	2:04:03	
62	Christopher Lee	622	Club 69	SM	2:04:09	

<u>Pos</u>	<u>Runners Name</u>	<u>No.</u>	<u>Club</u>	<u>Cat</u>	<u>Time</u>	<u>CAU team</u>
63	Mike Powell	318	Monmouth AC	V40	2:04:18	
64	Raymond Francis	612	Cheltenham Harriers	V40	2:04:28	
65	Emrys Francis	631	Cheltenham Harriers	V40	2:05:05	
66	Robert Dickinson	185	Forest of Dean AC	SM	2:05:07	
67	Steve Wheeler	43	Bourton RR	SM	2:05:22	Gloucestershire
68	Mike Yeo	544	Newquay RR	V40	2:05:30	
69	Jon Meek	231	U/A	SM	2:06:17	
70	Colin Bradley	575	Liswerry Runners	V40	2:06:22	
71	Martin Ford	168	Cheltenham Harriers	V50	2:06:33	
72	Richard Burt	34	Vale of Aylesbury	SM	2:06:47	Buckinghamshire
73	Adrian Moore	86	Stopsley Striders	V40	2:07:03	Bedfordshire-2
74	Andrew Cavanagh	232	Tipton Harriers	SM	2:07:23	
75	Alan Jacobs	558	Great Western Runners	V40	2:07:25	
76	Dave Buckle	317	Severn AC	V40	2:07:35	
77	Jeremy Cook	235	Southwest RR	SM	2:07:55	
78	Jim Brumfield	587	Egdon Heath	V50	2:08:20	
79	David Paterson	292	Pegasus	V40	2:08:25	
80	David McDonald	669	Chippenham	V40	2:08:41	
81	Richard Thomas	677	RAF	V40	2:08:48	
82	Robert McCarthy	581	City of Bath AC	V40	2:09:16	
83	Mandy Whittington	113	Bicester	L	2:09:21	Oxfordshire
84	Steve Goodlad	28	Leighton Buzzard AC	SM	2:10:02	Bedfordshire
85	Andy Thomas	591	Stroud AC	V40	2:10:05	
86	Elaine Flather	107	Alton Joggers	L	2:10:07	Hampshire
87	Harry Clayton	621	Bristol AC	V50	2:10:23	
88	Richard Bromley	646	Dursley & District AC	V40	2:10:33	
89	Nicholas Chard	627	Club 69	SM	2:10:36	
90	Hugh Burchard	578	City of Bath AC	SM	2:10:47	
91	Robert Andrews	210	U/A	SM	2:10:50	
92	Robin Macdonald	275	Bourton RR	V40	2:10:56	
93	Stephen Bartlett	588	Stroud AC	SM	2:10:57	
94	Steven Ho	309	South Liverpool	V40	2:10:58	
95	Michael Davis	651	Stroud AC	V40	2:10:59	
96	Michael Turner	620	U/A	SM	2:11:03	
97	Barry Buckley	151	Newquay RR	SM	2:11:07	
98	Zoe Lowe	120	St Albans Striders	L	2:11:16	Hertfordshire
99	Ian Smith	175	Monmouth AC	SM	2:11:23	
100	Gary Barnes	582	Severn AC	SM	2:11:36	
101	Graham Turner	200	Thame Runners	SM	2:11:46	
102	Steven Oliver	564	Swindon RR	SM	2:11:56	
103	Jeffrey Aston	315	Les Croupiers RC	V40	2:12:05	
104	Fred Yearsley	167	Dursley & District AC	V40	2:12:28	
105	Richard Rogan	657	Cheltenham Harriers	SM	2:12:37	
106	Michael Andrews	272	Clevedon AC	V40	2:12:42	
107	Roger Russell	333	Stourport AC	V50	2:12:49	
108	Anthony Powell	602	Bridgend AC	SM	2:12:56	
109	Paul Bullock	153	Newquay RR	SM	2:13:04	
110	Trevor Lewis	647	Dursley & District AC	V40	2:13:32	
111	Andrew Curnin	223	U/A	SM	2:13:39	
112	Julie Holdsworth	121	Baildon	L	2:13:44	Yorkshire
113	Andrea Dennison	123	Bradford Airedale	L	2:13:59	Yorkshire
114	Richard Inchley	89	Leighton Buzzard AC	V50	2:14:08	Bedfordshire-2
115	Andrew Couper	254	Cirencester AC	SM	2:14:13	
116	Richard Hammond	664	Rhondda	SM	2:14:29	
117	Roderick Lavers	227	Thame Runners	SM	2:14:37	
118	Mike Kestle	152	Newquay RR	V40	2:14:44	
119	Gary Duester	242	Witney RR	SM	2:14:47	
120	Peter Merean	555	Liverpool Harriers	V40	2:15:04	
121	Chris Ashworth	344	Dursley & District AC	V40	2:15:14	
122	Jeff Butler	314	Swindon RR	V40	2:15:31	
123	Paul Dimmock	88	Leighton Buzzard AC	V40	2:15:40	Bedfordshire-2
124	Trevor Davison	547	RAF Innsworth	SM	2:15:49	
125	Anthea Waters	106	New Forest Runners	L	2:15:50	Hampshire
126	David Hargrave	345	Stone Master Marathoners	V40	2:15:53	

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127	Catherine Heslop	108	Southampton City AC	L	2:15:55	Hampshire
128	Richard Thorogood	199	Crewe & Nantwich AC	SM	2:15:57	
129	Andy Humphries	213	Swindon RR	SM	2:16:04	
130	Michael Rees	563	Rhondda	V40	2:16:31	
131	John Ebdon	299	U/A	V40	2:16:37	
132	John Gower	619	U/A	V40	2:16:46	
133	Neil Chamberlain	239	Southwest RR	SM	2:16:49	
134	Steve Hopkins	91	Witney RR	V40	2:16:56	Oxfordshire-2
135	Martin Foster	278	Rowheath Harriers	V40	2:16:59	
136	Lyn Evans	313	Club 69	V40	2:17:03	
137	Graham Elliott	566	Devonia AC	SM	2:17:04	
138	Simon Lewis	618	Club 69	SM	2:17:13	
139	Richard Edwards	169	Gloucester AC	SM	2:17:15	
140	Kirit Patel	183	U/A	SM	2:17:17	
141	Alan Hutton	184	Stourport AC	SM	2:17:42	
142	Susan Bolt	389	Southwest RR	LV	2:17:45	
143	Peter Ferlie	238	Burgess Hill Runners	SM	2:17:50	
144	Sara Rhimes	105	Southampton RC	LV	2:17:54	Hampshire
145	John Harrington	170	Gloucester AC	SM	2:17:58	
146	Christopher Hyland	212	East Glos. RC	SM	2:17:58	
147	Stuart Bird	676	U/A	SM	2:18:09	
148	Ian Brannlund	154	Newquay RR	SM	2:18:20	
149	Mike Garrett	749	Bitton RR	V40	2:18:21	
150	Paul Hill	654	Cheltenham Harriers	V40	2:18:23	
151	David Roberts	601	Cardiff AC	V40	2:18:25	
152	Anthony Baker	287	Southwest RR	V40	2:19:16	
153	Richard Johnson	297	Sneyd Striders	V40	2:19:20	
154	Beccy Cameron	387	U/A	LV	2:19:23	
155	Raymond Bolt	237	Southwest RR	SM	2:19:43	
156	Paul Scholes	217	Clevedon AC	SM	2:19:54	
157	Jamie Foster	177	U/A	SM	2:20:15	
158	Chris Simms	671	Griffithstown Harriers	V40	2:20:18	
159	Guy Chapman	623	Heartbeat Wales Racers	V50	2:20:47	
160	Andrew Richardson	251	Droitwich AC	SM	2:20:49	
161	Steven Wort	205	U/A	SM	2:21:02	
162	Dennis Tomlinson	260	U/A	V40	2:21:08	
163	Nevil Stonehouse	628	Thornbury RC	SM	2:21:13	
164	Ray Betterton	290	Great Western Runners	V40	2:21:15	
165	Alan Pratt	625	Droitwich AC	V40	2:21:25	
166	Lynda Lee	124	Leeds City AC	LV	2:21:29	Yorkshire
167	Sally Pitts	114	Witney RR	LV	2:21:40	Oxfordshire
168	Philip Cluley	301	Gloucester AC	V40	2:21:41	
169	Mike Sell	650	Thornbury RC	V40	2:21:58	
170	Jacques Otto	576	Woodford Green AC	SM	2:22:01	
171	Niall Salmon	565	Devonia AC	SM	2:22:14	
172	Roger Osborn	296	Swindon RR	V40	2:22:15	
173	Nicholas Fisher	311	Swindon RR	V40	2:22:17	
174	Kevin Millinchip	248	Stourport AC	SM	2:22:40	
175	Amanda Otto	102	Ilford AC	LV	2:22:43	Essex
176	John Hill	577	Llisbury Runners	V40	2:22:44	
177	John Hopkins	302	Milton Keynes AC	V40	2:23:04	
178	Steve Roberts	634	U/A	SM	2:23:09	
179	Sue Walters	115	Oxford City	LV	2:23:43	Oxfordshire
180	Jason Donovan	249	U/A	SM	2:23:49	
181	Paul Ireson	246	Linford Joggers	SM	2:23:58	
182	David Paterson	589	Stroud AC	V40	2:24:00	
183	Steve Gibbs	648	Swindon RR	SM	2:24:01	
184	David Earley	660	Westbury Harriers	SM	2:24:44	
185	Stephen Jones	264	Thornbury RC	V40	2:24:45	
186	Bernard Lucas	637	Cheltenham Harriers	V50	2:24:49	
187	Colin Green	337	Stratford Upon Avon AC	V50	2:24:55	
188	Martin Rasganski	574	Witney RR	V40	2:25:05	
189	Dennis Collins	666	Rhondda	SM	2:25:20	
190	Andrew Hurley	660	Fairwater	SM	2:25:23	

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191	Robert Mitcham	682	Risca RR	SM	2:25:28	
192	Patrick Ferguson	35	Vale of Aylesbury	V50	2:25:29	Buckinghamshire
193	Richard Harding	643	Cheltenham Harriers	SM	2:25:36	
194	Anthony Hemmins	570	Swindon RR	V40	2:25:43	
195	Denise Newton	129	Wilmslow AC	LV	2:25:51	Cheshire
196	Ken Gardiner	569	Stroud AC	SM	2:25:54	
197	Dorothy Chandler	150	Cheltenham Harriers	LV	2:26:02	
198	Alan Durbin	617	Nailsea RC	V50	2:26:05	
199	Lorna Dunn	142	Bourton RR	LV	2:26:13	Gloucestershire
200	David Bulley	752	Bitton RR	V40	2:26:15	
201	David Chope	307	U/A	V40	2:26:20	
202	Peter Lewis	181	Abertillery Harriers	SM	2:26:32	
203	Richard Wesley	571	U/A	SM	2:26:53	
204	Phil Whitmore	630	Gloucester AC	SM	2:26:57	
205	Kevin Williams	253	Sospan RR	SM	2:27:05	
206	Ann Bumett	156	Newquay RR	LV	2:27:26	
207	Kira Kemp	358	Worcester AC	L	2:27:45	
208	Louise Rosindale	557	Baildon Runners	LV	2:28:01	
209	Yvonne Shashoua	103	Woodford Green AC	L	2:28:15	Essex
210	Rose Smith	382	Stroud AC	LV	2:28:24	
211	Bob Harvey	347	Gloucester AC	V40	2:28:30	
212	Leslie Francis	610	Cheltenham Harriers	V50	2:28:31	
213	Bill Pritchard	165	Neath Harriers	V50	2:28:44	
214	Tom Glare	90	Woodstock Harriers	SM	2:28:53	Oxfordshire-2
215	Steve New	203	South Wales Constabulary	SM	2:28:58	
216	Adrian Brobyn	655	Cheltenham Harriers	SM	2:28:59	
217	David Peirce	546	RAF Brize Norton	V40	2:29:02	
218	Graeme Spokes	244	Griffithstown Harriers	SM	2:29:05	
219	Andrew McBarnet	579	Bourton RR	V50	2:29:13	
220	Susan Harrison	349	Woodstock Harriers	LV	2:29:21	
221	Andrew Hammond	652	Stroud AC	V40	2:29:35	
222	Daniel Wood	308	Stratford Upon Avon AC	V40	2:29:42	
223	Mathew Long	667	U/A	SM	2:30:00	
224	Alun Smith	665	Rhondda	SM	2:30:22	
225	Chris Martin	545	Newquay RR	SM	2:30:24	
226	Janet Thomas	141	Angels RC	LV	2:30:28	Gloucestershire
227	Michael Watson	208	U/A	SM	2:30:35	
228	Glen Martin	341	Bideford AC	V60	2:30:37	
229	Phil Lambert	294	Eynsham RR	V40	2:30:40	
230	Michael Halsall	255	Sospan RR	SM	2:30:41	
231	Sue Ward	149	Rowheath Harriers	LV	2:31:06	Warwickshire-2
232	Brian O'Sullivan	173	U/A	SM	2:31:07	
233	John Joseph	675	U/A	SM	2:31:08	
234	Helen Tedcastle	661	Bridgenorth AC	L	2:31:12	
235	Stephen Milsom	276	Swindon RR	V40	2:31:20	
236	Lorna Garrod	101	Benfleet RC	L	2:31:23	Essex
237	Stuart Harris	305	U/A	V40	2:31:24	
238	Liz Smart	397	Knavesmire Harriers	LV	2:31:41	
239	Carol Leddington	112	Rowheath Harriers	LV	2:31:48	Warwickshire
240	Nick Bailey	563	U/A	SM	2:31:57	
241	Malcolm Famham	330	Les Croupiers RC	V50	2:31:59	
242	Jill Bonner	144	Angels RC	L	2:32:04	Gloucestershire
243	Elizabeth Higgins	368	Bideford AC	LV	2:32:32	
244	Graham Blaine	218	Thame Runners	SM	2:32:39	
245	Colin Martin	155	Newquay RR	V40	2:32:52	
246	Richard Poole	346	Gloucester AC	V40	2:32:52	
247	Sandra Kotas	548	U/A	LV	2:33:27	
248	Jan Karoc Sologub	626	Ross-on-Wye RR	V50	2:33:35	
249	Darren Stevens	640	Merthyr Harriers	SM	2:33:39	
250	Richard Phillips	340	Cheltenham Harriers	V60	2:33:41	
251	Chris Greenwood	284	Chippenham	V40	2:34:07	
252	Paddy Walsh	160	Almost Athletes Cheltenham	V40	2:34:20	
253	Tony Mason	753	Bitton RR	V40	2:34:24	
254	David Bassett	274	Griffithstown Harriers	V40	2:34:46	

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255	Claire Scott	109	Sparkhill Harriers	L	2:34:47	Warwickshire
256	Jason Cripps	229	U/A	SM	2:34:53	
257	Samantha Hadleton	119	Fairlands Valley Spartans	L	2:34:55	Hertfordshire
258	Jenny Green	110	Stratford Upon Avon AC	LV	2:35:02	Warwickshire
259	Mark David	159	Cheltenham Harriers	SM	2:35:03	
260	Robert Cleaver	594	Cheltenham Harriers	V40	2:35:08	
261	Celia Greenwood	398	Thame Runners	LV	2:35:23	
262	Richard Bowen	629	Griffithstown Harriers	V50	2:35:34	
263	Al Kerridge	561	U/A	L	2:35:37	
264	Trevor Collins	300	Harlequins	V40	2:35:48	
265	Paul Chinn	670	U/A	SM	2:36:26	
266	Robert Herd	286	Southwest RR	V40	2:36:32	
267	Ian Fletcher	204	U/A	SM	2:36:41	
268	Paul Thomas	252	Les Croupiers RC	SM	2:36:53	
269	Graham Wood	310	Swindon RR	V40	2:37:15	
270	Gary Bailey	178	U/A	SM	2:37:20	
271	Denise Smith	111	Leamington Spa Striders	LV	2:37:21	Warwickshire
272	Martin Downward	221	U/A	SM	2:37:22	
273	William Greenwood	681	U/A	SM	2:37:25	
274	Mary Campbell	383	Cirencester AC	LV	2:37:31	
275	Gillian Foote	354	Kidderminster Harriers	L	2:37:36	
276	Keith Ashwood	280	U/A	V40	2:37:42	
277	Toby Lambert	198	Sun Alliance	SM	2:37:46	
278	George Laing	679	Bristol AC	V40	2:37:47	
279	Kate Waring	360	Worcester Joggers	L	2:37:51	
280	Michael Ford	327	Clevedon AC	V50	2:37:56	
281	John Perkins	586	Westbury Harriers	V50	2:38:07	
282	Mark Ginty	609	Great Western Runners	V40	2:38:21	
283	Barbara Weekes	549	Great Western Runners	LV	2:38:25	
284	David Calder	262	Sparkhill Harriers	V40	2:38:39	
285	Paul Bowden	560	Witney RR	LV	2:38:41	
286	Royston Toon	603	Chepstow Harriers	V40	2:38:48	
287	Mark Emmett	201	Thame Runners	SM	2:39:03	
288	Mudesto Suaizez	635	U/A	V50	2:39:32	
289	Pete Hyland	304	U/A	V40	2:39:33	
290	Laurence Moore	190	Heartbeat Wales Racers	SM	2:39:37	
291	Ian Addison	562	Vale of Aylesbury	V60	2:39:39	
292	Dave Woodridge	636	Gloucester AC	V50	2:39:45	
293	David Higgins	338	Bideford AC	V50	2:39:47	
294	Karen Ballantyne	388	Bideford AC	LV	2:40:01	
295	Claire Couper	361	Cirencester AC	L	2:40:09	
296	Jeff Parkhouse	331	Cardiff Triathletes	V50	2:40:26	
297	Belinda Newport	379	U/A	LV	2:40:27	
298	Nick Bell	257	Stroud AC	SM	2:40:48	
299	Peter Marks	291	Cardiff AC	V40	2:41:06	
300	Louise Little	353	Stroud AC	L	2:41:11	
301	Shane Wood	683	Riverside	SM	2:41:25	
302	Trudy Evans	365	U/A	L	2:41:37	
303	John Lynch	259	Gloucester AC	SM	2:41:58	
304	Lorraine Mathews	375	Frome AC	LV	2:42:02	
305	Michael Brokenshaw	568	Great Western Runners	V40	2:42:10	
306	Stephen Pettit	258	Les Croupiers RC	SM	2:42:22	
307	Helen Underwood	166	Cirencester AC	L	2:42:33	
308	Sarah Lewis	355	Risca RR	L	2:42:35	
309	Anthony Reavey	186	Evesham RC	SM	2:42:37	
310	David Edelsten	322	Cirencester AC	V50	2:42:43	
311	Shirley Brokenshaw	567	Great Western Runners	LV	2:42:54	
312	David Hale	674	Risca RR	SM	2:43:20	
313	Bernard Stevens	641	Merthy Runners	V50	2:43:59	
314	Alan Thomas	342	Les Croupiers RC	V60	2:44:24	
315	Garry Davies	550	Shropshire Shufflers	SM	2:44:41	
316	Colin Gill	268	Police AA	V40	2:44:54	
317	Stue Limbrick	148	Gloucester AC	LV	2:45:05	
318	David Lacy	329	Shropshire Shufflers	V50	2:45:08	

<u>Pos</u>	<u>Runners Name</u>	<u>No.</u>	<u>Club</u>	<u>Cat</u>	<u>Time</u>	<u>CAU team</u>
319	Rowland Clegg	266	U/A	V40	2:45:24	
320	John Dowden	332	Les Croupiers RC	V50	2:45:51	
321	Ian Bell	222	Swindon RR	SM	2:46:01	
322	Mike Garnett	592	Stroud AC	V40	2:46:31	
323	Bruce Thorne	211	Cheddar Valley Joggers	SM	2:46:33	
324	Susan Cluley	362	U/A	L	2:46:36	
325	Stephanie Smart	373	Coleshill RC	LV	2:46:42	
326	Pauline Barnes	143	Gloucester AC	L	2:46:58	Gloucestershire
327	John McClean	348	Gloucester AC	V40	2:47:08	
328	June Franks	161	Almost Athletes Cheltenham	LV	2:47:17	
329	Ian Mathews	585	Wye Valley	V40	2:47:56	
330	William Mills	321	R.N.AC	V50	2:48:22	
331	Simon Evans	182	SPIES	SM	2:48:31	
332	Brian Hartnell	323	Yeovil Town RR	V50	2:48:33	
333	Emma Strudwick	366	U/A	L	2:48:36	
334	Teresa Sheil	367	U/A	L	2:48:37	
335	Sue Allen	380	Keyham Plodders	LV	2:48:50	
336	Barrie Hobbs	191	Nailsea RC	SM	2:49:05	
337	Neil Loveridge	580	Western AC	SM	2:49:10	
338	Paula Howells	356	Liverpool Harriers	L	2:49:12	
339	Catherine Sell	381	Thornbury RC	LV	2:49:33	
340	Keith Sutton	335	Southwest RR	V50	2:49:57	
341	Sheila Gascoigne	372	Eynsham RR	LV	2:50:05	
342	Richard Kenington	282	Bitton RR	V40	2:50:07	
343	John Tomlinson	288	U/A	V40	2:50:15	
344	Mary Joyce	352	U/A	L	2:50:21	
345	Pauline Beswick	386	Witney RR	LV	2:50:38	
346	Theresa Lovell	605	Neath Harriers	LV	2:50:45	West Glamorgan
347	John Lovell	606	Neath Harriers	V40	2:50:47	
348	Claire McDonnell	359	Thornbury RC	L	2:50:52	
349	Ann Couzens	751	Bitton RR	L	2:51:00	
350	Gordon Robbins	750	Bitton RR	V40	2:51:01	
351	Guy Douglas	193	U/A	SM	2:51:04	
352	Catherine Rushton	350	Great Western Runners	L	2:51:19	
353	Allan Adams	326	Kidderminster RC	V50	2:51:27	
354	Peter Tait	219	U/A	SM	2:51:42	
355	Graham Bishop	325	Thornbury RC	V50	2:51:48	
356	Michelle Richards	364	Abingdon Amblers	L	2:51:58	
357	Simon Taylor	343	Eynsham RR	V40	2:51:59	
358	Philip Owens	224	U/A	SM	2:53:10	
359	Pete Waters	684	U/A	V50	2:53:23	
360	Gaye Iliston	644	Thame Runners	L	2:53:25	
361	Peter Galler	334	U/A	V50	2:53:27	
362	Daniel Lakey	672	Cheltenham Harriers	V40	2:53:30	
363	Donna Brassington	357	Hatton Darts	L	2:53:31	
364	Stuart Wild	298	Worcester Joggers	V40	2:53:56	
365	Heather Lewis	396	Worcester Joggers	LV	2:54:31	
366	Carole Bishop	384	Thornbury RC	LV	2:54:58	
367	Liz Stacey	593	Worcester Joggers	LV	2:55:10	
368	John Cunningham	183	Jogging Johns RC	SM	2:55:17	
369	Anita Walters	607	Neath Harriers	LV	2:55:18	West Glamorgan
370	Christine Lloyd	385	Neath Harriers	LV	2:55:56	West Glamorgan
371	Raelene Croad	649	Swindon RR	L	2:55:58	
372	Dianne Jones	376	Thornbury RC	LV	2:55:59	
373	Richard Barry	336	Stragglers	V50	2:56:16	
374	Pauline Oliver	395	Instinctive Sports	LV	2:56:18	
375	Sarah Newth	656	Cheltenham Harriers	L	2:56:37	
376	Mike Jennings	645	U/A	SM	2:56:52	
377	John Anderson	611	Cheltenham Harriers	V50	2:57:22	
378	David Woolgar	320	Frome AC	V50	2:57:41	
379	Michael Smith	187	Jogging Johns RC	SM	2:58:14	
380	Bri Bathgate	328	Cheltenham Harriers	V50	2:58:44	
381	Neil Burgess	234	Shropshire Shufflers	SM	2:59:08	
382	Janice Rambridge	390	City of Bath AC	LV	2:59:43	

<u>Pos</u>	<u>Runners Name</u>	<u>No.</u>	<u>Club</u>	<u>Cat</u>	<u>Time</u>	<u>CAU team</u>
383	Ken Chard	92	Witney RR	V40	2:59:56	Oxfordshire-2
384	Pam Ferris	593	Almost Athletes Cheltenham	L	3:01:44	
385	William Hurley	583	Westbury Harriers	V40	3:02:33	
386	David York	293	South Derbyshire RR	V40	3:02:48	
387	Marion Tiney	391	South Derbyshire RR	LV	3:03:05	
388	Michael Alsworth	312	Poad Runners Club	V40	3:03:54	
389	Allan Swales	163	Gnffithstown Harriers	V60	3:04:12	
390	Nicky Browne	369	Stragglers	LV	3:04:17	
391	Sandra Stevens	638	Merthyr Harriers	LV	3:05:02	
392	Liz Oke	393	Bideford AC	LV	3:05:54	
393	Malcom Offer	600	Great Western Runners	V50	3:07:01	
394	Terry Edwards	658	Worcester AC	V50	3:07:16	
395	Phil Thomas	162	South Wales Police	SM	3:07:34	
396	Katherine Hutchison	351	U/A	L	3:08:02	
397	Lawrie Stratford	324	U/A	V50	3:08:19	
398	Janet Gaze	377	Dursley & District AC	LV	3:08:35	
399	Paul Bruton	197	Swansea University	SM	3:10:07	
400	Derek Pearce	283	U/A	V40	3:11:12	
401	Martyn Kent	285	Southwest RR	V40	3:11:24	
402	Martin Tidman	559	Road Runners Club	SM	3:11:46	
403	Nick Haycock	256	Thornbury RC	SM	3:12:55	
404	Susan Hoare	616	Les Croupiers RC	LV	3:13:03	
405	Lesley Mace	392	South Derbyshire RR	LV	3:18:33	
406	David Willoughby	615	U/A	V50	3:18:54	
407	Roger Burrows	668	U/A	SM	3:20:52	
408	Anita Potts	624	Droitwich AC	LV	3:22:00	
409	Anne Boulcott	662	Bromyard	LV	3:22:58	
410	Lorna Toon	604	Chepstow Harriers	LV	3:23:06	
411	Lyn Hopkins	116	Witney RR	LV	3:25:36	Oxfordshire
412	Patricia Gough	374	Witney RR	LV	3:25:36	
413	Wilf Bates	659	Worcester AC	V60	3:26:23	
414	Michael Quitterier	267	U/A	V40	3:29:49	
415	J.Selby	180	Cheltenham Harriers	SM	3:31:24	
416	Lynda Hoey	595	Witney RR	LV	3:34:58	
417	Syd Wheeler	157	Chepstow Harriers	V60	3:34:59	
418	Paul Watts	158	Edmonton RC	SM	3:34:59	
419	Pat Chard	596	Witney RR	LV	3:42:38	
1001	Geoff Allen	399	Stratford Upon Avon AC	WC	2:04:22	

Results of Team Competitions

1) Mens Inter-Counties

1. Yorkshire :-	23 pts (6,8,9)
2. Warwickshire :-	28 pts (1,10,17)
3. Kent :-	34 pts (4,11,19)
4. Merseyside :-	38 pts (2,16,20)
5. Gloucestershire :-	45 pts (5,7,33)
6. Essex :-	46 pts (3,21,22)
7. Hampshire :-	56 pts (13,18,25)
8. Oxfordshire :-	68 pts (12,27,29)
9. Hertfordshire :-	77 pts (15,24,38)
10. Buckinghamshire :-	105 pts (28,37,40)
11. Bedfordshire :-	112 pts (35,36,41)

2) Ladies Inter-Counties

1. Yorkshire :-	12 pts (1,5,6)
2. Hampshire :-	18 pts (3,7,8)
3. Oxfordshire :-	26 pts (2,11,13)
4. Essex :-	46 pts (12,16,18)
5. Gloucestershire :-	52 pts (15,17,20)
6. Warwickshire :-	63 pts (19,21,23)
7. West Glamorgan :-	81 pts (26,27,28)

3) Club

1. Bourton Road Runners :-	161 pts (7,42,45,67)
2. Cheltenham & County Harriers	205 pts (5,64,65,71)
3. Liverpool Harriers	220 pts (23,36,41,120)
4. Club 69	262 pts (51,60,62,89)
5. Oxford City	270 pts (12,31,48,179)
6. Dursley & District AC	323 pts (21,88,104,110)
7. Vale of Aylesbury	350 pts (32,54,72,192)
8. Leighton Buzzard AC	370 pts (49,84,114,123)
9. Southwest Road Runners	374 pts (22,77,133,142)
10. Swindon Road Runners	382 pts (29,102,122,129)
11. Newquay Road Runners	392 pts (68,97,109,118)
12. Stroud & District AC	455 pts (85,93,95,182)
13. Witney Road Runners	464 pts (44,119,134,167)
14. Rhondda	542 pts (13,116,189,224)
15. Gloucester AC	656 pts (139,145,168,204)
16. Thame Runners	723 pts (101,117,244,261)
17. Great Western Runners	804 pts (75,164,282,283)
18. Thornbury Running Club	856 pts (163,169,185,339)
19. Griffithstown Harriers	892 pts (158,218,254,262)
20. Les Croupiers Running Club	918 pts (103,241,268,306)